



PATH FOUNDATION

Creating a healthy
and caring community,
together.

COMMUNITY REPORT

Friends & Neighbors

We're excited to continue our efforts to make this a great place to live, work, play and grow... for **everyone.**

I am pleased to present the PATH Foundation's latest Community Report.

The past year brought many opportunities for collaboration. The past year also brought a unique set of changes and surprises for all of us. As with previous years, we continued to face the COVID-19 pandemic and worked to overcome challenges as a community.

Collaboration is a key component of our work at PATH; by talking and working closely with our community partners, we are better able to provide grants and support programs that make a difference in our footprint.

Looking back, we want to emphasize that two of our community's best strengths are its collaboration and kindness. We see it nearly every day in our work—it's amazing what we can accomplish when we work together for the greater good. At times when so much is uncertain, it's comforting to give (and receive) both kindness and understanding for our neighbors. You'll find examples of both in the pages that follow.

We are excited to share a few stories and projects, and we're thankful for the collective efforts of everyone who worked to strengthen the health and vitality of our community. Thank you for reading, and we hope you'll join us in looking forward to all we can accomplish together.

Christy Connolly

PATH Foundation President and CEO

About PATH



PATH FOUNDATION

THE PATH FOUNDATION

is a philanthropic, charitable foundation that supports Fauquier, Rappahannock, and Culpeper counties. Since 2013, we have invested over \$60 million in our community. Through grants, programs and partnerships, we help provide resources to our community and the organizations that serve it.

We invest in nonprofits and agencies whose goals for wellness and community improvement align with our mission and values.

OUR MISSION

The PATH Foundation strengthens the health and vitality of our community.

OUR CORE FOCUS

Grant recipients must align with one or more of our core focus areas: **Access to Health, Childhood Wellness, Mental Health, and Senior Services.**

PATH Resource Center

The PATH Resource Center began as a partnership with the Charlottesville-based Center for Nonprofit Excellence (CNE). Since then, it has grown to include the PATH Volunteer Hub, PATH Community Link, community meeting rooms (available for free to area nonprofits), and office space for a variety of local organizations, including Hero's Bridge and Leadership Fauquier.



The PATH Volunteer Hub is home to LetsVolunteer.org, an online platform that connects local nonprofits with community members looking to volunteer their time. Today, more than 5,200 volunteers are registered on the platform. The Volunteer Hub also provides case-by-case assistance and advice on implementing volunteer programs. In addition, the Volunteer Hub spearheads an annual, community-wide day of service: Let's Volunteer Day.



PATH Community Link is a free, confidential resource that connects community members in need with organizations and services that can provide help. You can call or email for personalized assistance, or search the online database to find services that help with needs ranging from food and transportation to translation, financial assistance, health care, casework, housing and more. Se habla Español.

Call [855-495-LINK](tel:855-495-LINK)



The Center for Nonprofit Excellence at the PATH Resource Center offers personalized tools, training, consulting, and resources to nonprofits in the PATH Foundation footprint. Intending to strengthen the impact of nonprofits in the community, The PATH Resource Center also offers classes, workshops, access to the Foundation Directory Online, and many more services.

Close to Home: Companion Care in Rappahannock

Having support can be a critical component of maintaining good health and vitality, especially for those who are affected by health issues or disabilities.

This was the case for Kathy and Fred Eggers. Previously active members of the Rapp@Home board, the couple took a step back from their board membership after Kathy had a serious stroke.

“I found myself not able to use my arms, hands and legs — I couldn’t walk,” Kathy said. “My husband was faced with doing a lot of the things that I had done, and he couldn’t do it all without being worn out.”

Suddenly, the Eggers were left to find home care options. However, the rural nature of their home in Rappahannock County meant that they, like other residents in isolated areas, had difficulty finding accessible, at-home care.

To help fill in those gaps to accessible care, Rapp@Home developed the Companion Care program. The program hires Certified Nursing Assistants whose services are made available to both private pay clients and to clients referred by the Department of Social Services (DSS) at no cost.

After a successful pilot year in 2021, Companion Care quickly became one of many programs supporting seniors in the PATH footprint—a group that also includes Hero’s Bridge, Generations Adult Day Center, the Senior Services Collaborative, Aging Together and others.

With partial funding from the PATH Foundation, Companion Care served 15 patients, 10 of whom were referred by DSS. For those patients, the program provided 201 visits and 556 hours of care.

“It makes me very humble and proud to help seniors in Rappahannock County; it’s rewarding,” said Laury Settle,

a CNA who works with the program. “I assisted with companion services, meal preparation, running errands, ... [and] medication reminders.”

For Kathy and Fred, it’s helped them continue their life on their own terms.

“The program has made our life possible, in a fashion that closely approximates what it was like before I had the stroke,” Kathy said. “They’ve helped me with exercises I do for physical therapy to regain the use of my leg and my arm. ‘Lifesaver’ is a cliché, but this program has made our life possible.”

To learn more or get involved with the Companion Care program, visit www.rappathome.org. Or, if you or someone you know is in need of resources, reach out to PATH Community Link at www.pathcommunitylink.org.

Community Engagement

COVID-19 Response

The PATH Resource Center continues to provide assistance to our community throughout the COVID-19 pandemic. Whether it was the Volunteer Hub mobilizing volunteers to help staff COVID test sites, schedule vaccination appointments, support call centers for at-risk community members, Community Link connecting residents in need to helpful resources, or the Resource Center providing meeting spaces to plan these endeavors, we were happy to pitch in and support our community.

Give Local Piedmont

The PATH Foundation supports Give Local Piedmont with an annual gift towards Northern Piedmont Community Foundation's day of giving, Give Local Piedmont. The funds go towards a bonus pool to match community donations and encourage public support of the event.

Merry and Kind — Holiday Giving

Everyone can use a little kindness. That's why, in December 2021, the PATH Foundation encouraged random acts of kindness by giving away 400 \$20 bills, tucked inside copies of Angela C. Santomero's "Radical Kindness: The Life-Changing Power of Giving and Receiving." The holiday surprises encouraged recipients to use the money in an act of kindness for a friend, family member, or another person in the community. In addition, PATH also distributed 400 copies of "Be Kind: 125 Kind Things to Say and Do" by Naomi Shulman. Spreading kindness and joy in the community is always a highlight of the holidays.

See this kindness in action here →



Interns/BOB Project

In the summer of 2021, PATH hired 14 interns for the annual Summer Internship Program. Interns spent one day a week at the PATH Foundation, learning leadership development and working on a group project. The other days of the work week were spent at a placement organization serving the community.

Working together, the interns helped plan and publicize the grand opening of BOB's Place — a permanent home for Books on the Bus, and a StoryWalk™ and reading area, at Brumfield Elementary School.

Learn more about the project here →



High School Giving

Our High School Giving program provides each senior high school student in Fauquier, Culpeper and Rappahannock counties with funds to donate to a local nonprofit of their choice. The program aims to show local students the importance of philanthropy and giving, first-hand.

Community Conversations

In 2021, PATH hosted several Community Conversations: virtual events that help spark open dialogues within our community. 2021's speakers included:



Dr. Bruce Perry, MD, Ph.D.

Dr. Perry talked with FOX5 DC's Holly Morris about the impact of trauma and adversity and how healing must begin with a shift to asking, "what happened to you?" rather than "what's wrong with you?" Free copies of "What Happened to You," the book Dr. Perry co-authored with Oprah Winfrey, were available for residents to pick up before the talk.



Heather C. McGhee

Heather C. McGhee joined moderator John McCarthy to discuss her book, "The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together." She discussed how racism affects everyone in a community, and ways to address it and make communities healthier and safer for everyone. Free copies of the book were available at area libraries and bookstores, where attendees could pick up a copy before the event.



Chris Herren and Jan Brown

Chris Herren, of Herren Wellness, and Jan Brown, of SpiritWorks Inc., joined moderator Randy Rieland for a discussion about the pandemic's impact on addiction recovery, mental health, and finding support for people affected by those issues.

Grants Overview

The PATH Foundation offers grant cycles throughout the year to help nonprofits or government agencies better our community. There are three main grant cycles: Flexible Funding, Make it Happen! and Technical Assistance. Flexible Funding grants are offered twice each fiscal year, while Make it Happen! and Technical Assistance grants are accepted on a rolling basis.



Flexible Funding

Flexible Funding grants provide unrestricted general operating support to eligible 501(c)3s. Organizations can apply for up to \$75,000 in funding that can be used as needed towards a nonprofit's mission. Flexible Funding aims to prioritize those most in need, and grants must align with one of the PATH Foundation's four priorities: access to health, childhood wellness, mental health or senior services.

Make it Happen!

Make it Happen! grants foster the can-do attitude of our region and promote creativity. Make it Happen grants aim to inspire fresh ideas from new voices in the community.

Technical Assistance

Technical Assistance grants help organizations operate more effectively. Funds can be used to offset the cost of a consultant, tool, or training opportunity that will enable a nonprofit to better achieve its mission.

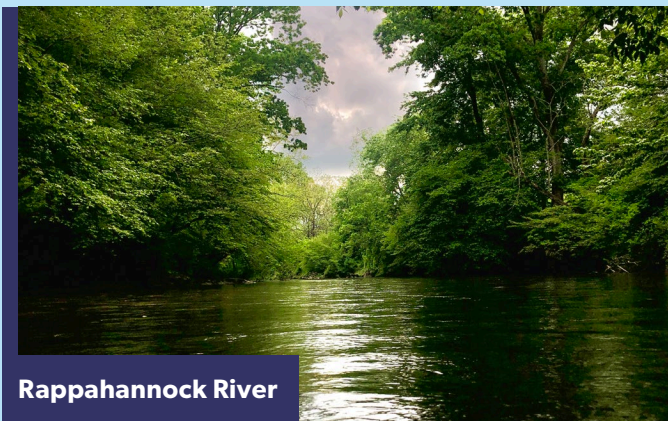
List of Grantees

Afro-American Historical Association of Fauquier County (AAHA)	Fauquier Education Farm	Mental Health Association of Fauquier County	Rappahannock Pantry, Inc.
Aging Together	Fauquier Excellence in Education Foundation	Minority and Veteran Farmers of the Piedmont	Rappahannock Rapidan Community Services
American Red Cross of Central Virginia	Fauquier Family Shelter Services, Inc.	Morgan's Message, Inc.	Rappahannock-Rapidan Regional Commission
Be the Change Foundation	Fauquier FISH	New Pathways Tech, Inc.	Remington United Methodist Church
Boys & Girls Clubs of Fauquier	Fauquier Free Clinic	Next Generation Choices Foundation	Rx Drug Access Partnership
Bull Run Mountains Conservancy, Inc.	Fauquier Habitat for Humanity	Northern Piedmont Community Foundation	Services to Abused Families, Inc.
Capital Caring Health	Fauquier Youth Livestock Exchange	Northern Virginia 4-H Educational and Conference Center	Spiritual Care Support Ministries
CASA Children's Intervention Services, Inc.	Fauquier Youth Orchestra	Northern Virginia Food Rescue	SpiritWorks Foundation
Catholic Charities Diocese of Arlington	Foothills Forum	NOVANT Health UVA Health System	States Newsroom
Community Touch	Foothills Housing Corporation	People Helping People	The Arc of North Central VA
Cornerstone Baptist Church	Friends of the Fauquier Public Library	People Incorporated of Virginia	The Bridge Community Church
Culpeper Baptist Child Development Center, Inc.	Friends of the Rappahannock	Piedmont Dispute Resolution Center	The Clifton Institute
Culpeper Baptist Church	Friends of the Rappahannock County Library	Piedmont Environmental Council	The Free Clinic of Culpeper
Culpeper Community Development Corporation	George Washington Carver Agriculture Research Center, Inc.	Piedmont Journalism Foundation	The Plains Community League
Culpeper County Public Schools	Girls on the Run Piedmont	Piedmont Regional Dental Clinic	The Salvation Army
Culpeper Wellness Foundation	Goose Creek Association	QuickStart Tennis of Central Virginia	Town of Warrenton
Culpeper Winter Heat Shelter	Headwaters Foundation	Rainbow Therapeutic Riding Center	Verdun Adventure Bound, Inc.
Experience Old Town Warrenton	Hero's Bridge	Rapp Center for Education	Virginia College Advising Corps
FamilyFutures	Hope Heals Foundation	Rapp@Home	Virginia Foodshed Capital
Fauquier Community Child Care, Inc.	Hospice Support of Fauquier County	Rappahannock Benevolent Fund	Virginia Funders Network
Fauquier Community Coalition	Kid Pan Alley	Rappahannock County Broadband Authority	Warrenton Youth Sports Club
Fauquier Community Food Bank & Thrift Store	Leadership Fauquier	Rappahannock County Public Schools	Windmore Foundation for the Arts, Inc.
Fauquier County Government	Little Fork Volunteer Fire and Rescue Company		Windward Fund
Fauquier County Public Schools	Lord Fairfax Community College Educational Foundation		Windy Hill Foundation
			Young Life of Fauquier County
			Youth For Tomorrow

Grant Highlights

Piedmont Environmental Council

Piedmont Environmental Council received \$25,000 in Flexible Funding, which supported efforts to improve river access and connectivity, and provided support for water quality monitoring of the Rush River in Rappahannock.



Rappahannock Rapidan Community Services: Mental Health Workers

Rappahannock Rapidan Community Services received funding to establish the Embedded Mental Health Worker program. The program was also supported by the Northern Piedmont Community Foundation and Culpeper Wellness Foundation. RRCS hired and trained licensed clinicians to accompany sheriff's deputies and police officers on calls that involve mental health. In addition to responding to calls with officers, clinicians are able to follow up with residents afterward, checking in and connecting them with available services and care.

Culpeper Wellness Foundation: PATH Recreation and Fitness Center

Culpeper Wellness Foundation received \$500,000 to help fund the construction of a new recreation center in Culpeper County. Named the "PATH Recreation and Fitness Center," the 27,000 square-foot facility opened in 2022 and provides fitness, recreation and amenities to residents of all ages.



Culpeper Baptist Church: Adult Day Care Center

Culpeper Baptist Church received \$75,000 to help fund the Generations Central Adult Day Center. The facility is the first of its kind in Culpeper and will provide daytime care and a variety of activities to seniors. The program is the result of collaboration between Aging Together, Northern Piedmont Community Foundation, PATH, Rappahannock-Rapidan Community Services, and other community partners.

Services to Abused Families, Inc.

Services to Abused Families, Inc. received \$15,000 in Flexible Funding to fund its mission to provide shelter, support and advocacy to survivors of domestic violence and sexual assault.

Fauquier Community Food Bank and Thrift Store

The Fauquier County Community Food Bank and Thrift Store received \$50,000 to support their general operations, providing food to Fauquier County residents in need.

Fauquier Reaches for Excellence in School Health (FRESH)

FRESH is a flagship school wellness program serving Fauquier County Public Schools. With a focus on promoting fresh and healthy food in cafeterias, adding movement to classrooms, and helping alleviate food insecurity in students, FRESH aims to make healthy habits the norm for both students and their families. In 2021, the program received \$714,500 to fund its sixth year.

Rappahannock County Public Schools (RCPS)

RCPS received \$25,000 to help fund a Farmers Market for RCPS students, families and staff. The market provides a fun, community-centered way to access fresh and local food.



Fauquier FRESH



Fauquier FISH

Fauquier FISH – Senior Supplemental Nutrition

Fauquier FISH received \$17,200 to fund their Senior Supplemental Nutrition Program. Beginning with a pilot for 36 seniors in August 2021, the program is a joint effort with the Warrenton Community Center to provide senior-friendly groceries to clients in need. Food is delivered monthly, based on their clients' selections from a program-specific menu.

Fauquier Free Clinic – Telehealth 2022

The Fauquier Free Clinic received \$250,000 to fund its telehealth program that provides virtual visits to certified mental health professionals. In 2021, 226 patients used the program to attend 1,742 sessions of mental health treatment.

Friends of the Rappahannock

Friends of the Rappahannock received \$17,669 to purchase kayaks, paddles, and personal flotation devices. With the new equipment, they provided local students and families with new field experiences, facilitating special and personal connections to the Rappahannock River.



RCPS — Commit to Be Fit

RCPS — Commit to Be Fit

RCPS received \$327,000 to fund their school wellness program, Commit to Be Fit. Commit to Be Fit provides innovations in nutrition, movement, and wellness to RCPS classrooms through initiatives like school-grown produce in cafeterias, a Neuronasium, and community fitness classes.

Rappahannock-Rapidan Regional Commission – Rural Transportation Collaborative

RRRC received \$190,000 to fund the Rural Transportation Collaborative, which works closely with and supports many regional transportation services. These include VolTran, Foothills Area Mobility Service, Rappahannock Rapidan Community Services’ transportation services, Aging Together, and others.

Piedmont Environmental Council and the Afro-American Historical Association of Fauquier County

PEC and AAHA collaborated to create an online story map of African American experiences and history in Fauquier County. Supported by a \$24,976 grant from PATH, the project provides digital access to information about the history and contributions of Fauquier’s African American communities, schools and churches established both before and after the Civil War.

The map and more info about the project can be viewed here →



Free Clinic of Culpeper

The Free Clinic of Culpeper received \$60,000 in funding to support its general operations and the medical care of 400 patients in 2021.

Mental Health Association of Fauquier County – Teen Mental Health First Aid

MHA received \$15,000 to provide Teen Mental Health First Aid training to students in Fauquier County. Since 2020, more than 500 students have been certified in the program, which teaches how to recognize the signs of depression and anxiety in teens and help them receive the assistance they need.

Rappahannock Pantry, Inc.

Rappahannock Pantry, Inc. received \$50,000 to help fund its general operations, as well as the use and installation of new shelving and a pantry van.

Minority and Veteran Farmers of the Piedmont

MVFP received \$47,750 to fund their Cold Storage pilot program. Cold storage will help mitigate waste and food safety concerns in food production on small farms. Together with community partners, MVFP is developing a sustainable, DIY cold storage prototype that local farmers can install on their properties. Ultimately, the project will help create healthy food access in communities across the region.



Culpeper Community Development Corporation

Culpeper Community Development Corporation received \$100,000 in funding to go towards its mission of assisting those who are homeless or facing eviction.

Rappahannock County Public Schools: Fit Kids Clinic

RCPS received \$100,000 to fund the Fit Kids Clinic, a program that provides students with access to telehealth pediatricians five days a week. With this grant, RCPS provided dedicated space for the clinic and systems to maintain confidentiality and obtain parental permission for visits. The Fit Kids Clinic aims to help parents streamline care, reduce absenteeism, and improve overall health and wellness in the student population. The program was also supported by Valley Health.

Virginia College Advising Corps

Virginia College Advising Corps received \$158,344 to place college advising counselors in each public high school within the PATH Foundation's footprint. These counselors work closely with students, providing guidance and assistance for life after high school. Their services include assistance with FAFSA, scholarships, college admissions, trade school, and much more.

People Helping People

People Helping People received \$80,000 in funding for Emergency Financial Assistance in the wake of the COVID-19 pandemic. The funding will help advance their mission of supporting residents who are behind on rent and at risk of eviction, behind on electric or gas bills, or in other difficult situations.



GRANT SPOTLIGHT

Critical Home Repair and Affordable Housing

In 2021, PATH provided grants for critical home repairs to Fauquier Community Coalition, Foothills Housing, Inc. and the Rappahannock Benevolent Fund. Through their efforts, more than 50 low-income households in the PATH footprint have received home repairs at no cost to the residents. These repairs could be as simple as repairing exterior steps, or as advanced as updating or replacing roofing.

PATH also supported low-cost and affordable housing projects, including Millview Apartments (People Inc.), Ann Wingfield Commons (Culpeper Community Development Corporation) and Haiti Street Revitalization (Fauquier Habitat for Humanity). These programs, and others like them, are working to provide low-income and affordable housing across the PATH Foundation footprint. In 2021, renovations were completed in all 28 units at Millview Apartments and all 32 apartments at Ann Wingfield Commons, where 12 new units were also constructed. Meanwhile, Fauquier Habitat for Humanity acquired five properties on Haiti Street, which are placed in a community land trust to ensure permanently affordable housing in the community.

Financials

FISCAL YEAR 2021

OCTOBER 1, 2020–SEPTEMBER 30, 2021

ASSETS

	2021	2020
Current assets:		
Cash and cash equivalents	\$ 4,224,841	\$ 7,210,357
Deposits and prepaid expenses	333,956	320,498
Accounts receivable	47,828	2,095
Accrued interest receivable	201,000	8,000
Deposits and prepaid expenses	-	2,985,395
Accounts receivable	-	556,045
Total current assets	4,807,625	11,082,300
Non-current assets:		
Investments, at fair value	265,730,600	226,837,608
Notes receivable	192,000	-
Accrued interest receivable	2,985,305	2,985,304
Investments in affiliated enterprises	68,211	-
Other non-current assets	283,103	115,144
Total non-current assets	8,610	8,292
Property and equipment, net	269,267,839	229,946,348
	10,307,898	10,777,026
TOTAL ASSETS	\$ 284,383,362	\$ 251,805,674

LIABILITIES & NET ASSETS

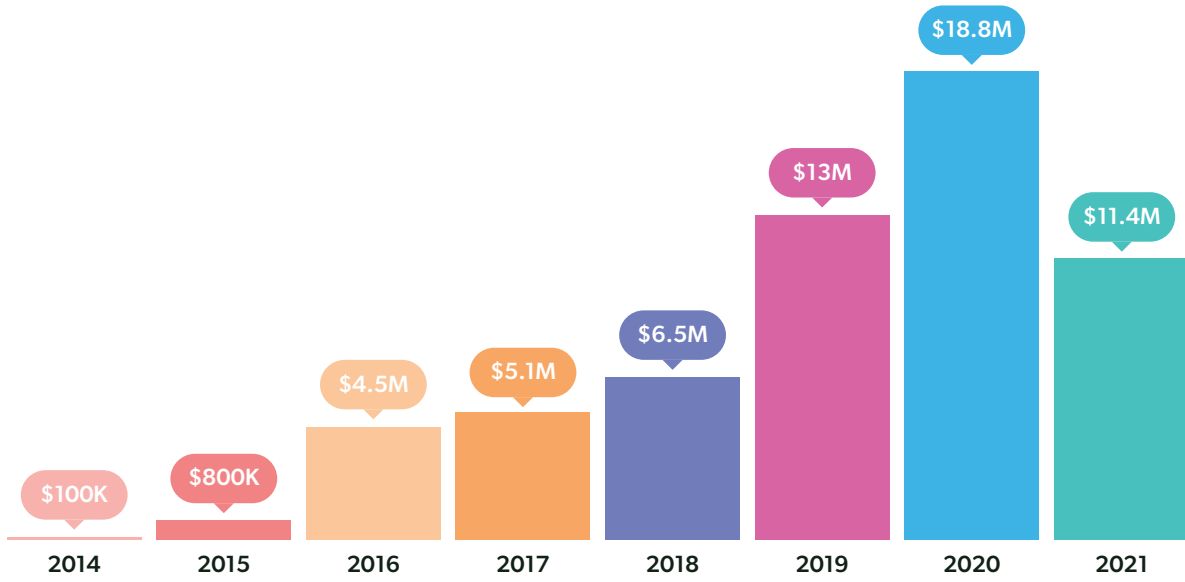
	2021	2020
Current liabilities:		
Trade accounts payable and accrued expenses	\$ 590,026	\$ 684,346
Federal excise tax payable	190,000	-
Grants payable	177,000	300,000
Total current liabilities	957,026	984,346
Other non-current liabilities:		
Federal excise tax payable	1,300,000	-
Contingent liabilities	-	1,000,000
Total liabilities	2,257,026	1,984,346
Commitments and contingencies		
Net Assets (without donor restrictions)	281,531,924	249,684,276
Net Assets (with donor restrictions)	594,412	137,052
Total net assets	282,126,336	249,821,328
TOTAL LIABILITIES AND NET ASSETS	\$ 284,383,362	\$ 251,805,674

Giving Allocations & Programming

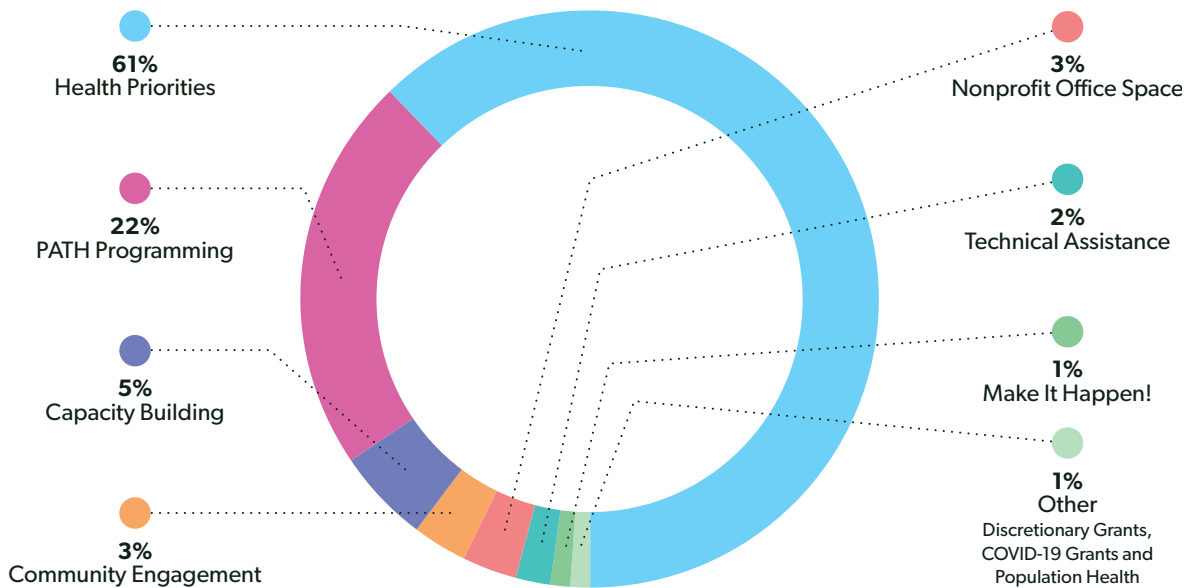
\$11,368,356

TOTAL FISCAL YEAR 2021

GIVING TOTALS



GIVING ALLOCATIONS



SINCE 2014, WE HAVE INVESTED OVER **\$60.2M** IN OUR COMMUNITIES.



PATH FOUNDATION

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